

Words Associated with Emotional Support

(rather than problem solving or "fixing")

© Michael E. Metz, Ph.D.

Affirmation of feelings

Affection

Empathy

Understanding

Sympathy

Acceptance

Nurturance

Support

to Uphold

to Befriend

Warmth

Tenderness

To Bond

Fondness

Devotion

Respect

Friendship

Endearment

Partiality

Kindness

Gentleness

Compassion

Care

Softness

Patience

Tolerance

Commiseration

Solace

Comfort

Condolence

to Bolster

to Pamper

Defending

Loving Kindness

Confirmation

Approval

Praise

Sustenance

Champion

Reassure

Nourish

Harmony

Cohesion

Concurrence

Acknowledgment

Appreciate

Reinforce

Favor

Applaud

Embrace

Praise

Validate

Endorse

"Greek Chorus!"